

present in each menu item based on suppliers' ingredient statements. These ingredients may have also come into contact with, or are produced

CORE - Common Allergens, Gluten, Vegetarian and Vegan

March 6, 2018

	Egg	Fish	Milk	Peanuts	Shellfish	Soy	Tree nuts	Wheat	Gluten	Vegetarian	Vegan
Beverages											
Beet Lemonade										X	X
Blueberry Mint Lemonade										X	X
Classic Lemonade										X	X
Cold-Brew Ice Coffee										X	X
Cranberry Lemonade										X	X
Cucumber Basil Lemonade										X	X
Fruit Punch							X			X	X
Honey Ginger Lemonade										X	X
Iced Tea										X	X
Bone Broth Bowls											
Chicken And Rice Noodle Broth Bowl											
Coconut Curry Chicken Soup - Big Bowl, Double Protein		X				X	X				
Coconut Curry Chicken Soup - Big Bowl, Full Protein		X				X	X				
Coconut Curry Chicken Soup - Small Bowl, Full Protein		X				X	X				
Grilled Chicken Tortilla Broth Bowl							CC				
Spicy Ginger Steak And Rice Noodle Broth Bowl	CC		CC			X	X				
Bread											
1/2 Slice of Bread	CC		CC			CC	CC	X	X	X	
Create Your Own - Bone Broth											
Beef Bone Broth											
Chicken Bone Broth											
Coconut Curry Chicken Broth		X				X	X				
Vegetable Broth										X	X
Create Your Own - Big and Small Bowl Cold Premiums											
Avocado										X	X
Gorgonzola Cheese			X								
Hard Boiled Egg	X									X	
Housemade Hummus				CC		CC	CC			X	X
Local Feta			X								
Parmesan Crisp			X								
Shaved Parmesan			X								
Shredded White Cheddar			X								
Create Your Own - Big and Small Bowl Crunch & Garnish											
Chopped Walnuts							X			X	X
Fresh Basil										X	X
Fresh Cilantro										X	X
Fresh Parsley										X	X
Golden Flaxseeds										X	X
Sesame Seeds	CC		CC	CC		CC	CC	CC	CC	X	X
Sliced Almonds	CC		CC			CC	X			X	X
Tortilla Strips							CC			X	X
Create Your Own - Big and Small Bowl Hot Premiums											
Antibiotic-Free Salt & Pepper Chicken											
Antibiotic-Free Spicy Thai Chicken						X					
BBQ Chicken						X					
Bacon Topping											
Balsamic Soy Chicken						X					
Fried Falafel				CC		CC	CC			X	X
Grass-fed Spicy Cumin Steak											
Grass-fed Spicy Thai Steak						X					
Poke Tuna		X		CC		X	CC				
Roasted Organic Tofu						X				X	X
Tuna Poke Fire		X		CC		X	CC				
Create Your Own - Big and Small Bowl Produce Ingredients											
Beets										X	X
Black Beans										X	X
Blueberries										X	X
Broccoli										X	X
Carrots										X	X
Celery Stalks										X	X
Chickpeas (Garbanzo Beans)										X	X
Corn										X	X
Cucumbers										X	X
Dried Cranberries										X	X
Edamame						X				X	X
Fresh Ginger										X	X
Grape Tomatoes										X	X
Green Peas										X	X
Green Peppers										X	X
Jalapeno Peppers										X	X
Jicama										X	X
Kalamata Olives										X	X
Lemongrass										X	X
Mandarin Oranges										X	X
Pickled Jalapenos										X	X
Pickled Red Cabbage										X	X
Pickled Red Onions										X	X

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Pineapple										X	X
Red Onions										X	X
Red Peppers										X	X
Scallions										X	X
Sesame Sriracha Sprouts										X	X
Shiitake Mushrooms										X	X
Strawberries										X	X
Create Your Own - Big and Small Grain Bowl											
Brown And Forbidden Rice Blend										X	X
Garden Grain Salad	X									X	X
Quinoa										X	X
Rice Noodles										X	X
Spicy Thai Rice Noodles						X				X	X
Create Your Own - Green Bowl											
Arugula Base										X	X
Baby Spinach Base										X	X
Cabbage Base										X	X
Kale Base										X	X
Mesclun Base										X	X
Romaine Base										X	X
Dressings - Big and Small Bowl											
BBQ Sauce						X				X	X
Balsamic Vinaigrette										X	X
Balsamic Vinegar										X	X
Blueberry Yogurt Dressing			X							X	X
Carrot Chili Vinaigrette										X	X
Chimichurri Sauce										X	X
Citrus Poppyseed Dressing	X									X	X
Cranberry Vinaigrette										X	X
Cucumber Basil Dressing			X	CC		CC	CC			X	X
Extra Virgin Olive Oil										X	X
Fire Sauce										X	X
Fresh Lemon Squeeze										X	X
Fresh Lime Squeeze										X	X
Greek Yogurt Blue Cheese Dressing	X		X			X				X	X
Greek Yogurt Caesar Dressing	X	X	X			X				X	X
Lime Cilantro Jalapeno Vinaigrette										X	X
Miso Sesame Ginger Dressing				CC		X	CC			X	X
Ranch Dressing	X		X							X	X
Sriracha										X	X
Thai Cashew Dressing							X			X	X
Thai Chili Sauce						X				X	X
Grain Bowls (No Dressing)											
Berry Quinoa Chicken - Big Bowl (with Blueberry Yogurt Dressing)			X								
Berry Quinoa Chicken - Double Protein Big Bowl (with Blueberry Yogurt Dressing)			X								
Berry Quinoa Chicken - Small Bowl (with Blueberry Yogurt Dressing)			X								
Greens And Ancient Grains Bowl			X								
Southwest Grilled Chicken with Brown and Forbidden Rice Bowl			X				CC				
Spicy Chicken And Ancient Grains Bowl						X					
Spicy Thai Chicken & Rice Noodle Bowl - Big Bowl						X					
Spicy Thai Chicken & Rice Noodle Bowl - Small Bowl						X					
Sriracha Ginger Tofu And Ancient Grains Bowl						X				X	X
Tuna Poke Grain Bowl	CC	X	CC			X	X				
Green Bowls (No Dressing)											
Chicken Cobb Greens Bowl	X										
Kale Caesar Chicken Greens Bowl			X								
Mediterranean Greens Bowl			X	CC		CC	CC			X	X
Sriracha Ginger Roasted Tofu Greens Bowl						X					
Steak, Bacon And Bleu Cheese Greens Bowl			X				X				
Kids Menu											
Chicken Noodle Soup											
Cranberry Poppy Salad	X		X								
Cukes & Carrot Salad			X								
Power Pasta			X								
Power Plate											
Sides											
Summer Fruit Bowl			X							X	
Soup											
Broccoli Cheddar Soup - Full Portion			X								
Broccoli Cheddar Soup - Side Portion			X								
Butternut Squash Soup - Full Portion											
Tomato & Basil Soup - Full Portion			X								
Tomato & Basil Soup - Side Portion			X								
Vegetarian Chili - Full Portion										X	X
Vegetarian Chili - Side Portion										X	X
Teas											
Cider Green Tea										X	X
Plain Iced Tea										X	X

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Raspberry Iced Tea										X	X
Tropical Green Tea										X	X
Vegetable Broth Bowls											
Shiitake Mushrooms And Roasted Tofu Broth Bowl	CC		CC			X	X			X	X
Veggies											
Garden Grain Salad	X									X	
Roasted Root Vegetables										X	X
Seasonal Brussels Sprouts										X	
Seasonal Squash Vegetable Medley										X	
Warm Rice Bowl (No Dressing)											
BBQ Chicken Ranch Rice Bowl - Big Bowl	X		X			X	CC				
BBQ Chicken Ranch Rice Bowl - Small Bowl	X		X			X	CC				
Ranch Flank Steak Rice Bowl - Big Bowl											
Ranch Flank Steak Rice Bowl - Small Bowl											
Spicy Chicken Rice Bowl - Big Bowl						X					
Spicy Chicken Rice Bowl - Small Bowl						X					
Tuna Poke Fire - Big Bowl	CC	X	CC	CC		X	CC				
Tuna Poke Fire - Small Bowl	CC	X	CC	CC		X	CC				

X - Indicates that the menu item contains that specific allergen. CC - Indicates that there is a potential for cross-contact with that allergen in the manufacturing process and/or facility.

The information above details which of the Top 8 allergens are present in each menu item, based on our suppliers' ingredient statements. It is possible that these ingredients may come into contact with or are produced at facilities that handle common allergens, including egg, fish, milk, peanuts, shellfish, soy, tree nuts and/or wheat.

Additionally, normal kitchen operations and vendor production methods may present cross-contact opportunities for otherwise vegan or vegetarian ingredients.