

CoreLife Eatery - Common Allergens, Gluten, Vegetarian and Vegan											
January 2, 2018											
	Egg	Fish	Milk	Peanuts	Shellfish	Soy	Tree nuts	Wheat	Gluten	Vegetarian	Vegan
<b>Beverages</b>											
Beet Lemonade										X	X
Blueberry Mint Lemonade										X	X
Classic Lemonade										X	X
Cold-Brew Ice Coffee										X	X
Cranberry Lemonade										X	X
Cucumber Basil Lemonade										X	X
Fruit Punch							X			X	X
Honey Ginger Lemonade										X	X
Iced Tea										X	X
<b>Bone Broth Bowls</b>											
Chicken And Rice Noodle Broth Bowl											
Grilled Chicken Tortilla Broth Bowl							CC				
Spicy Ginger Steak And Rice Noodle Broth Bowl	CC		CC			X	X	X*	X*		
<b>Bread</b>											
1/2 Slice of Bread	CC		CC			CC	CC	X	X	X	
<b>Create Your Own - Big and Small Bowl Bone Broth</b>											
Beef Bone Broth											
Chicken Bone Broth											
Vegetable Broth										X	X
<b>Create Your Own - Big and Small Bowl Cold Premiums</b>											
Avocado										X	X
Gorgonzola Cheese			X								
Hard Boiled Egg	X									X	
Housemade Hummus				CC		CC	CC			X	X
Local Feta			X								
Parmesan Crisp			X								
Shaved Parmesan			X								
Shredded White Cheddar			X								
<b>Create Your Own - Big and Small Bowl Crunch &amp; Garnish</b>											
Chopped Walnuts							X			X	X
Fresh Basil										X	X
Fresh Cilantro										X	X
Fresh Parsley										X	X
Sesame Seeds	CC		CC	CC		CC	CC	CC	CC	X	X
Sliced Almonds	CC		CC			CC	X			X	X
Tortilla Strips									CC	X	X
<b>Create Your Own - Big and Small Bowl Hot Premiums</b>											
Antibiotic-Free Salt & Pepper Chicken											
Antibiotic-Free Spicy Thai Chicken						X		X*	X*		
Bacon Topping											
Balsamic Soy Chicken						X		X*	X*		
Fried Falafel				CC		CC	CC			X	X
Grass-fed Spicy Cumin Steak											
Grass-fed Spicy Thai Steak						X		X*	X*		
Poke Tuna		X		CC		X	CC	X*	X*		
Roasted Organic Tofu						X		X*	X*	X	X
<b>Create Your Own - Big and Small Bowl Produce Ingredients</b>											
Beets										X	X
Black Beans										X	X
Broccoli										X	X
Carrots										X	X
Celery Stalks										X	X
Chickpeas (Garbanzo Beans)										X	X
Corn										X	X
Cucumbers										X	X
Dried Cranberries										X	X
Edamame						X				X	X
Fresh Ginger										X	X
Grape Tomatoes										X	X
Green Peas										X	X
Green Peppers										X	X
Jalapeno Peppers										X	X
Kalamata Olives										X	X
Lemongrass										X	X
Mandarin Oranges										X	X
Pickled Jalapenos										X	X
Pickled Red Onions										X	X
Red Onions										X	X
Red Peppers										X	X
Scallions										X	X
Sesame Sriracha Sprouts										X	X
Shiitake Mushrooms										X	X

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<b>Create Your Own - Big and Small Grain Bowl</b>											
Brown And Forbidden Rice Blend										X	X
Garden Grain Salad	X									X	
Quinoa										X	X
Rice Noodles										X	X
Spicy Thai Rice Noodles						X		X*	X*	X	
<b>Create Your Own - Green Bowl</b>											
Arugula Base										X	X
Baby Spinach Base										X	X
Cabbage Base										X	X
Kale Base										X	X
Mesclun Base										X	X
Romaine Base										X	X
<b>Dressings - Big and Small Bowl</b>											
Balsamic Vinaigrette										X	X
Balsamic Vinegar										X	X
Carrot Chili Vinaigrette										X	X
Chimichurri Sauce										X	X
Citrus Poppyseed Dressing	X									X	
Cranberry Vinaigrette										X	
Cucumber Basil Dressing			X	CC		CC	CC			X	
Extra Virgin Olive Oil										X	X
Fresh Lemon Squeeze										X	X
Fresh Lime Squeeze										X	X
Greek Yogurt Blue Cheese Dressing	X	X	X								
Greek Yogurt Caesar Dressing	X	X	X								
Lime Cilantro Jalapeno Vinaigrette										X	
Miso Sesame Ginger Dressing				CC		X	CC	X*	X*	X	X
Ranch Dressing	X		X								
Sriracha										X	X
Thai Cashew Dressing							X			X	X
Thai Chili Sauce						X		X*	X*	X	
<b>Grain Bowls (No Dressing)</b>											
Greens And Ancient Grains Bowl			X								
Southwest Grilled Chicken with Brown and Forbidden Rice Bowl			X				CC				
Spicy Chicken And Ancient Grains Bowl						X		X*	X*		
Spicy Thai Chicken & Rice Noodle Bowl - Big Bowl						X		X*	X*		
Sriracha Ginger Tofu And Ancient Grains Bowl						X		X*	X*	X	X
Tuna Poke Grain Bowl	CC	X	CC			X	X	X*	X*		
<b>Green Bowls (No Dressing)</b>											
Chicken Cobb Greens Bowl	X										
Kale Caesar Chicken Greens Bowl			X								
Mediterranean Greens Bowl			X	CC		CC	CC				
Sriracha Ginger Roasted Tofu Greens Bowl						X		X*	X*	X	X
Steak, Bacon And Bleu Cheese Greens Bowl			X				X				
<b>Kids Menu</b>											
Chicken Noodle Soup											
Cranberry Poppy Salad	X		X								
Cukes & Carrot Salad			X								
Power Pasta			X								
Power Plate											
<b>Soup</b>											
Broccoli Cheddar Soup - Full Portion			X								
Butternut Squash Soup - Full Portion											
Tomato & Basil Soup - Full Portion			X								
Vegetarian Chili - Full Portion										X	X
<b>Teas</b>											
Cider Green Tea										X	X
Plain Iced Tea										X	X
Raspberry Iced Tea										X	X
Tropical Green Tea										X	X
<b>Vegetable Broth Bowls</b>											
Shiitake Mushrooms And Roasted Tofu Broth Bowl	CC		CC			X	X	X*	X*	X	X
<b>Veggies</b>											
Garden Grain Salad	X									X	
Roasted Root Vegetables										X	X
Seasonal Brussels Sprouts										X	
Seasonal Squash Vegetable Medley										X	

These details list the "Top 8" allergens present in each menu item based on suppliers' ingredient statements. These ingredients may have also come into contact with, or are produced at, facilities that handle other allergens.

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	Egg	Fish	Milk	Peanuts	Shellfish	Soy	Tree nuts	Wheat	Gluten	Vegetarian	Vegan
<b>Warm Rice Bowl (No Dressing)</b>											
Ranch Flank Steak Rice Bowl - Big Bowl											
Spicy Chicken Rice Bowl - Big Bowl						X		X*	X*		
<p><b>X</b> - Indicates that the menu item <b>contains</b> that specific allergen. <b>CC</b> - Indicates that there is a potential for cross-contact with that allergen in the manufacturing process and/or facility. <b>X*</b> - Indicates that the menu item contains soy sauce, which contains wheat but the product is hydrolyzed to the point that the amount of gluten is reduced to a detectable amount of 10 PPM.</p> <p>The information above details which of the Top 8 allergens are present in each menu item, based on our suppliers' ingredient statements. It is possible that these ingredients may come into contact with or are produced at facilities that handle common allergens, including egg, fish, milk, peanuts, shellfish, soy, tree nuts and/or wheat.</p> <p>Additionally, normal kitchen operations and vendor production methods may present cross-contact opportunities for otherwise vegan or vegetarian ingredients.</p>											